## **CLAIMS**

## What is claimed is:

- 1 1. A method for integrating personal data capturing functionality into a wireless
- 2 communication device, the method comprising:
- 3 receiving personal data of a user by at least one personal parameter receiver;
- 4 capturing the personal data in the wireless communication device; and
- 5 transmitting the personal data from the wireless communication device to a
- 6 network server over a wireless network.
- 1 2. The method of claim 1 wherein the at least one personal parameter receiver is
- 2 contained in a personal data capture device attachable to the wireless communication
- 3 device.
- 1 3. The method of claim 1 wherein the at least one personal parameter receiver is
- 2 contained in the wireless communication device.
- 1 4. The method of claim 1 wherein the wireless communication device is a cellular
- 2 telephone.
- 1 5. The method of claim 1 wherein the personal data is transmitted to the network
- 2 server periodically.

- 1 6. The method of claim 1 wherein the personal data is transmitted to the network
- 2 server upon receiving a user request.
- 1 7. The method of claim 1 wherein the personal data comprises physical data and
- 2 biometrical parameters of the user.
- 1 8. The method of claim 1 further comprising:
- 2 generating feedback information pertaining to the personal data; and
- displaying the feedback information to the user.
- 1 9. The method of claim 8 wherein the feedback information is displayed on a
- 2 display of the wireless communication device.
- 1 10. The method of claim 1 further comprising displaying at least a portion of the
- 2 personal data to the user on a display of the wireless communication device.
- 1 11. The method of claim 1 wherein the wireless communication device is
- 2 combined with a portable computing device.
- 1 12. A method for integrating personal data capturing functionality into a portable
- 2 computing device, the method comprising:
- 3 receiving personal data of a user by at least one personal parameter receiver;

- 4 capturing the personal data in the portable computing device; and
- 5 transmitting the personal data from the portable computing device to a
- 6 network server over a wireless network.
- 1 13. The method of claim 12 wherein the at least one personal parameter receiver is
- 2 contained in a personal data capture device attachable to the portable computing
- 3 device.
- 1 14. The method of claim 12 wherein the at least one personal parameter receiver is
- 2 contained in the portable computing device.
- 1 15. The method of claim 12 wherein the portable computing device is a personal
- 2 digital assistant (PDA).
- 1 16. The method of claim 12 wherein the personal data is transmitted to the
- 2 network server periodically.
- 1 17. The method of claim 12 wherein the personal data is transmitted to the
- 2 network server upon receiving a user request.
- 1 18. The method of claim 12 wherein the personal data comprises physical data
- 2 and biometrical parameters of the user.

- 1 19. The method of claim 2 further comprising:
- 2 generating feedback information pertaining to the personal data; and
- 3 displaying the feedback information to the user.
- 1 20. The method of claim 19 wherein the feedback information is displayed on a
- 2 display of the portable computing device.
- 1 21. The method of claim 12 further comprising displaying at least a portion of the
- 2 personal data to the user on a display of the portable computing device.
- 1 22. A wireless communication device comprising:
- 2 at least one personal parameter receiver to receive personal data of a user;
- a microprocessor, coupled to the at least one personal parameter receiver; and
- 4 a memory, coupled to the microprocessor, to store the personal data, the
- 5 microprocessor to transmit the personal data from the memory to a network server
- 6 over a wireless network.
- 1 23. The device of claim 22 further comprising an input device to receive a user
- 2 request to transmit the personal data to the network server.
- 1 24. The device of claim 22 further comprising a display device to display
- 2 information pertaining to the personal data to the user.

- 1 25. An apparatus comprising:
- 2 a wireless communication device; and
- a personal data capture device, attachable to the wireless communication
- 4 device, to receive personal data of a user and to transmit the personal data to the
- 5 wireless communication device, the wireless communication device to transmit the
- 6 personal data to a network server over a wireless network.
- 1 26. The apparatus of claim 25 wherein the wireless communication device is a
- 2 cellular telephone.
- 1 27. The apparatus of claim 25 wherein the personal data capture device comprises
- 2 an input device to receive a user request to transmit the personal data to the network
- 3 server.
- 1 28. The apparatus of claim 25 wherein the wireless communication device
- 2 comprises a display device to display information pertaining to the personal data to
- 3 the user.
- 1 29. A portable computing device comprising:
- 2 at least one personal parameter receiver to receive personal data of a user;
- a microprocessor, coupled to the at least one personal parameter receiver; and

- a memory, coupled to the microprocessor, to store the personal data, the
- 5 microprocessor to transmit the personal data from the memory to a network server
- 6 over a wireless network.
- 1 30. The device of claim 29 further comprising an input device to receive a user
- 2 request to transmit the personal data to the network server.
- 1 31. The device of claim 29 further comprising a display device to display
- 2 information pertaining to the personal data to the user.
- 1 32. An apparatus comprising:
- 2 a portable computing device; and
- a personal data capture device, attachable to the portable computing device, to
- 4 receive personal data of a user and to transmit the personal data to the portable
- 5 computing device, the portable computing device to transmit the personal data to a
- 6 network server over a wireless network.
- 1 33. The apparatus of claim 32 wherein the portable computing device is a
- 2 personal digital assistant (PDA).

- 1 34. The apparatus of claim 32 wherein the personal data capture device comprises
- 2 an input device to receive a user request to transmit the personal data to the network
- 3 server.
- 1 35. The apparatus of claim 32 wherein the portable computing device comprises a
- 2 display device to display information pertaining to the personal data to the user.
- 1 36. A device combining a wireless communication device with a portable
- 2 computing device, the device comprising:
- at least one personal parameter receiver to receive personal data of a user;
- a microprocessor, coupled to the at least one personal parameter receiver; and
- 5 a memory, coupled to the microprocessor, to store the personal data, the
- 6 microprocessor to transmit the personal data from the memory to a network server
- 7 over a wireless network.
- 1 37. The device of claim 36 further comprising an input device to receive a user
- 2 request to transmit the personal data to the network server.
- 1 38. The device of claim 36 further comprising a display device to display
- 2 information pertaining to the personal data to the user.
- 1 39. An apparatus comprising:

- 2 a multi-purpose device combining a wireless communication device and a
- 3 portable computing device; and
- 4 a personal data capture device, attachable to the multi-purpose device, to
- 5 receive personal data of a user and to transmit the personal data to the multi-purpose
- 6 device, the multi-purpose device to transmit the personal data to a network server
- 7 over a wireless network.
- 1 40. The apparatus of claim 39 wherein the multi-purpose device is a combination
- 2 of a cellular telephone and a personal digital assistant (PDA).
- 1 41. The apparatus of claim 39 wherein the personal data capture device comprises
- 2 an input device to receive a user request to transmit the personal data to the network
- 3 server.
- 1 42. The apparatus of claim 39 wherein the multi-purpose device comprises a
- 2 display device to display information pertaining to the personal data to the user.
- 1 43. A multi-purpose device combining a wireless communication device and a
- 2 personal computing device, the multi-purpose device comprising:
- at least one personal parameter receiver to receive personal data of a user;
- a microprocessor, coupled to the at least one personal parameter receiver; and

- 5 a memory, coupled to the microprocessor, to store the personal data, the
- 6 microprocessor to transmit the personal data from the memory to a network server
- 7 over a wireless network.
- 1 44. The device of claim 43 further comprising an input device to receive a user
- 2 request to transmit the personal data to the network server.
- 1 45. The device of claim 43 further comprising a display device to display
- 2 information pertaining to the personal data to the user.
- 1 46. A computer readable medium that provides instructions, which when
- 2 executed on a processor, cause said processor to perform operations comprising:
- receiving personal data of a user by at least one personal parameter receiver;
- 4 capturing the personal data in the wireless communication device; and
- 5 transmitting the personal data from the wireless communication device to a
- 6 network server over a wireless network.
- 1 47. A computer readable medium that provides instructions, which when
- 2 executed on a processor, cause said processor to perform operations comprising:
- 3 receiving personal data of a user by at least one personal parameter receiver;
- 4 capturing the personal data in the portable computing device; and

- 5 transmitting the personal data from the portable computing device to a
- 6 network server over a wireless network.